

## Sixteen Year Old Blood Donor Parental Consent Form

Your child has expressed interest in donating blood with the Rock River Valley Blood Center. They will be donating at either a blood drive or donor center. We hope that you support and encourage your child's decision to donate blood. By becoming a blood donor, your child is showing great civic responsibility, maturity and a sense of community pride. Through their blood donation, your child has the potential to save up to 3 lives!

Blood donation is a safe procedure using only single-use sterile supplies. The possibility of a slight reaction such as dizziness, fainting, becoming light-headed or slight bruising may occur. In the rare event that your child may experience any of these, you will be notified. For further information regarding the blood donation procedure, please go to [www.rrvbc.org](http://www.rrvbc.org).

Additionally, RRVBC recommends iron supplements for all blood donors, please see the backside of this form for those suggestions.\*

Your child's blood will be tested for all FDA required tests. Please understand that both you and your child will be notified if your child receives a positive test result(s) and that your child may require follow-up testing.

State law requires a written parental consent. Sixteen-year-old donors will not be permitted to give blood without a signed parental consent form. Please complete the parental consent form provided at the bottom of this page. Only forms signed by a parent or guardian will be accepted at the time of donation. A signed consent will be required for each donation until the donor reaches the age of 17.

If you have any questions regarding your child's decision, please contact the Blood Center at 815/965-8751.

Please fill out the form below and return with your child.  
Please keep the top portion for your records.

---

I give permission/consent for (print) \_\_\_\_\_, to make a voluntary donation of blood to the Rock River Valley Blood Center.

I understand that both my child and I will be notified if my child receives a positive test result(s) and that my child may be contacted for follow-up testing.

Parent/Guardian (print) \_\_\_\_\_ Date \_\_\_\_\_

Phone Number where you can be reached the day of the blood drive: (\_\_\_\_\_) \_\_\_\_\_

Signature of Parent/Guardian \_\_\_\_\_

\*The Rock River Valley Blood Center, in conjunction with AABB, strongly recommends that donors replenish iron lost through the donation process:

- We recommend that after donation, all blood donors begin taking an iron supplement daily for 60 days (8 weeks). The amount of iron recommended is between 18-36 mg. (Please follow the manufacturers recommended dosage and do not take more than recommended for the product selected.)
  - Multivitamin tablets labeled as containing iron may be used. (Most vitamins labeled “senior” or “silver” do not contain iron)
  - Different types of iron salts (e.g. sulfate and gluconate) seem to be equally effective.
  - Some drug store chains have 28 mg ferrous gluconate tablets available at a low price.
- If you or any family members have a history of hemochromatosis, familial polyposis or colon cancer, check with your doctor before taking iron.
- If you have any gastrointestinal upset, stop the iron until you are free of symptoms.